

How to Make a Rain Stick

Supplies: paper towel tube, construction or poster board, compass or lid larger than paper towel tube, foil, rice, glue, things to decorate rain stick

Instructions:

1. Trace two circles 1-2 inches larger than the diameter of the paper towel tube to create ends for the rain stick.
2. Cut out both circles. Line up **one** circle evenly and glue firmly on the tube. Let dry.
3. Cut a piece of aluminum foil that is 1 1/2 times longer than the tube. Roll the foil between your palms to create a long, narrow shape. Twist the shape into a spiral, wrap it around the tube, and slowly pull it off.
4. Drop the foil inside the tube and pour in 1 cup of dried rice.
5. Glue the other circle on the open end of the tube. Let dry.
6. Decorate the rain stick with markers, paint, and stickers.



How To Make Rain {Follow the Leader}

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| 1. Rub your palms together. | 6. Clap your hands. |
| 2. Snap your fingers. | 7. Clap two fingers to palm. |
| 3. Clap two fingers to palm. | 8. Snap fingers. |
| 4. Clap hands. | 9. Rub palms together. |
| 5. Slap your thighs (stomp feet) | 10. STOP |

CREATIVE EXPRESSION: VISUAL ARTS

Beth Krommes, illustrator of BLUE on BLUE uses a technique called scratchboard. In a December 10, 2014 [interview for the Monadnock Ledger-Transcript](#), she explains her process - starting with a black sheet of scratchboard that has a white background hidden underneath, she uses etching tools to scratch away the black, creating a monochrome image. She finishes the illustration by watercoloring a copy of the scratchboard image. Learn more about Beth's technique on her website: <http://www.bethkrommes.com/illustration/what-is-scratchboard> .